**Health and Physical Education**

F - Year 2 (Week 5, Term 2) Summative Assessment

## **Summative Assessment Task 1**

### Cognitive Reinforcer



**From:** Pill, S (2015) *Play with purpose: For Fundamental Movement Skills Teaching: A teaching guide for early years and primary educators for physical education and daily PE.* Kent Town, SA: ACHPER (SA).

Look at the picture of the girl sprinting.

List below some of the games you play that involve sprinting.

What do you need to remember to sprint as fast as you can?

**Adapted from:** Fundamental movement skills: Book 2 - The tools for learning, teaching and assessment, Department of Education WA 2013 p106

## **Summative Assessment Task 2**

### Cognitive Reinforcer

## Skill: Sprint Run and Vertical Jump



**From:** Pill, S (2015) *Play with purpose: For Fundamental Movement Skills Teaching: A teaching guide for early years and primary educators for physical education and daily PE.* Kent Town, SA: ACHPER (SA).

Look at the picture of the girl sprinting and the boy jumping.

What are some of the games or sports you play that involve running and jumping?

What do you need to remember to run and then jump?

**Adapted from:** Fundamental movement skills: Book 2 - The tools for learning, teaching and assessment, Department of Education WA 2013 p106

## **Summative Assessment Task 3**

### Encouraging Questions with a Partner

## Skill: Sprint Run and Vertical Jump

Ask your partner the following questions about the games you played and how you feel about running and jumping.

|  |  |
| --- | --- |
| What happened in the game(s) you played today?  |  |
| Why did this happen? |  |
| What surprised you in the game? |  |
| What was fun? |  |
| How confident are you to run and jump in games?Why do you place yourself here?? | Not Confident Confident Very Confident I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_I |

**Adapted from:** Fundamental movement skills: Book 2 - The tools for learning, teaching and assessment, Department of Education WA 2013 p108

## **Summative Assessment Task 4**

### Observation Checklists

## Skills: Sprint Run and Vertical Jump

#### Teacher: Class Student

#### **Skill: Sprint Run**

Skill Video: <https://www.youtube.com/watch?v=9pEDMCL9AJw>

|  |  |  |  |
| --- | --- | --- | --- |
| **Element** | **Always** | **Sometimes** | **Rarely** |
| Eyes are focussed forward while running |  |  |  |
| Knees bend at right angles during the drive |  |  |  |
| Arms bend at elbows and move opposite to legs |  |  |  |
| Arms swing forward and not across the body |  |  |  |
| Leg extends during the push |  |  |  |
| The body leans slightly forward |  |  |  |
| Hands and fingers positioned correctly (relaxed) |  |  |  |
| Landing on the balls of the feet |  |  |  |

Comment:



**From:** Pill, S (2015) *Play with purpose: For Fundamental Movement Skills Teaching: A teaching guide for early years and primary educators for physical education and daily PE.* Kent Town, SA: ACHPER (SA). p. 86

#### **Skill: Vertical Jump**

|  |  |  |  |
| --- | --- | --- | --- |
| **Element** | **Always** | **Sometimes** | **Rarely** |
| Eyes are focussed forward throughout the jump |  |  |  |
| Crouch by bending at the knees |  |  |  |
| During crouch the arms swing back behind the body |  |  |  |
| Upward movement occurs with a forceful extension of the legs and forward swing of the arms |  |  |  |
| Arms extend upwards above the body and the arms straighten as the legs straighten |  |  |  |
| On landing the knees bend to absorb the impact |  |  |  |
| On landing the feet initially contact the ground with the balls of the feet |  |  |  |

Comment:



**From:** Pill, S (2015) *Play with purpose: For Fundamental Movement Skills Teaching: A teaching guide for early years and primary educators for physical education and daily PE.* Kent Town, SA: ACHPER (SA). p. 91

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