

Creating a Learning Routine with your Child

The following tips will help you to support your child.

Involve your child in planning a clear routine that is:

- Simple
- Consistent
- Predictable but flexible

When planning your day set aside time for:

- Learning activities scheduled by the teacher
- Experiential learning
- Snack / fruit / meal time
- Play
- Exercise
- Family routine

Plan activities that are developmentally appropriately for your child's age and have a balance of:

- Online
- face-to-face
- collaborative activities

Prior to School

Talk through the day ahead with your child

Involve children in play-based learning

Encourage child-led activities

Provide a balance of indoor and outdoor activities

Primary Years

Talk through the day ahead with your child

Create a learning space together that is comfortable and supportive of learning

Assist them in understanding tasks

Middle Years

Ensure regular breaks for their wellbeing

Discuss the learning ahead for the day and support needed

Monitor social media usage

Senior Years

Monitor daily activities via the school's learning management system

Schedule time for student/teacher check in and parent/child check in

*Keep up to date with any SACE developments at:
www.sace.sa.edu.au/covid-19-coronavirus*