

Ready for Year 7

Supporting my Child



Catholic Education South Australia (CESA) is moving Year 7 from primary to secondary settings

This means that, in most schools, Year 6 will become the final year of primary schooling. Year 7 will become the first year of secondary schooling.

This fact sheet explains how you can help your child get ready for Year 7.

As a parent, how can I prepare my child for secondary school?

Moving to a new school is a significant event for any child.

No matter when it happens, there are things you can do to help support the transition.

- **Share** - Start talking to your child about commencing secondary school. For some, there won't be a "change" at all; secondary school may seem so far off that s/he hasn't even considered it. For others, this will be a new and exciting experience.
- **Explain** - Talk to your child about secondary school structures. Help her/him to get excited about the possibilities that will open up to her/him in a secondary setting including access to specialist teaching and facilities.
- **Listen** - Listen to your child when s/he expresses concerns. Give space for them to ask questions.

"I think this change will be really positive for students because they'll be able to access the depth and variety of learning that they need"

Nadine MacDougall
Catholic School Parent



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- **Reassure** - Reassure your child that feeling nervous or scared is normal. Remind her/him that every other child will have their own concerns. Remind her/him that you feel nervous too when you start a new job or try something new or different.
- **Prepare** - Help her/him to prepare. Talk about things that might be different, such as moving around the school to different classrooms, having a larger variety of teachers, knowing where to go for help.
- **Establish** - Ensure that new routines are talked about before the school term starts.

What support can I expect?

Your school will continue to keep you updated and informed.

We pride ourselves on ensuring new students are welcomed and supported as they transition and settle into their new school. We are known for our emphasis on nurturing students and we will continue to focus on student wellbeing.

If you have any concerns or questions, please ask.

How will students be supported through this change?

Our primary schools will continue to prepare children for secondary school, just like they do now. This includes developing greater levels of independence as they prepare for a secondary education.

Likewise, our secondary schools and colleges offer transition and orientation programs that help students to adjust to learning in a secondary setting.

How do I find out more?

Please talk directly with your school principal or go to **www.cesa.catholic.edu.au** for more information.